

STARS

Syncope Trust And Reflex anoxic Seizures



AFA

AF Association

www.heartrhythmalliance.org

COVID-19 Update



www.heartrhythmalliance.org

YOU ARE NOT ALONE

we are here to

LISTEN ♥ INFORM
SUPPORT ♥ ENCOURAGE

Together we can and will get through this, Together we are strong.

#StaySafe #StayHome

We Are Still Here For You

Arrhythmia Alliance, **AF Association** and **STARS** (Syncope Trust And Reflex anoxic Seizures) have seen a huge increase in enquiries from patients and carers with concerns about their specific arrhythmia and how COVID-19 (coronavirus) might affect their condition and medication/device. Please do not hesitate to call our dedicated helpline or email – we are here to help and reassure you.

We are in constant contact with our Medical Advisory Committee as well as the NHS and Public Health England. Therefore, we can ensure we provide you with accurate guidance and support. Please see our contact information below for any additional questions:



To Email, Click Here

Call us on 01789 867503



To Email, Click Here

Call us on 01789 867501



To Email, Click Here

Call us on 01789 867502

General Updates

Currently, our staff are all safely working from home to reduce the risk of contracting or spreading COVID-19. Our phones are switched through and we will be available as normal to take your calls and answer your enquiries. Please do not hesitate to contact us.

With fundraising events cancelled and a charity with no government funding, we know we are facing difficult months ahead. If you are able to make a donation, however small, so we can continue with our work it would be hugely appreciated. However, we do understand that with these uncertain times it may not be possible. To donate, [click here](#)

No matter what, we will continue to provide information, support, education and awareness for all those affected by or involved in the care of cardiac arrhythmias.

Please see below for additional updates:

- Sadly, like organisations worldwide, **we have cancelled or postponed all events and meetings until the end of June 2020**. We will continue to assess future events and follow strict government guidelines for the safety of our delegates, faculty and staff. We apologise for any inconvenience. However, we are strictly following government recommendations and those of you who have registered for a specific event will be informed of any changes. For the most current information, [click here](#)
- We are working to bring online educational presentations so that we can continue to provide information and education to healthcare professionals. To register your interest, [click here](#)
- We will also work to bring patient education online. To register your interest, [click here](#)
- We will be constantly updating our web sites and posting information on our social media platforms, forums and e cards. If you do not currently receive our monthly online newsletters, [click here](#)
- **Important:** We are all aware of how much the NHS and ambulance services are stretched currently. That is why it is so important, now more than ever, to be aware of where your nearest AED is located. Response times are

increasing and for every minute without defibrillation a person's chances of surviving a cardiac arrest decreases by 10%. Please do your bit and know where your local AED is located. It could save a life. For more, [click here](#)



Always Remember

If you or someone you know is feeling low, anxious or worried during these challenging times – please remember we are here to provide support and information. YOU are not alone.

We will:

Listen, Inform, Support and Encourage

Together we can and will get through this - Together we are strong.

Stay Safe. Stay Home.
#wearehereforyou #togetherwewillsurvive

With Best Wishes,
Trudie C A Lobban, MBE FRCP (Edin)
Founder & Trustee

Connect With Us

